

Podcasts



**SPEAK
ON**

[Speak on \(UK\)](#)

Yolanda Copes-Stepney

“Speak On explores topical issues, culture, society and wellbeing through interviews, conversation and panel discussions.”



[Conversations with Nova Reid \(UK\)](#)

Nova Reid

“Conversations with Nova Reid are raw, unedited conversations about race, identity, allyship and everything in-between as we navigate this funny thing called life. Brought to you by Tedx Speaker and Anti Racism Campaigner Nova Reid.

Please note, some interviews may include personal accounts of racism, so please be mindful when sharing with any person under 18.”



[The YIKES Podcast \(UK\)](#)

Mikaela Loach and Jo Becker

“Do you ever find yourself saying 'YIKES' about things happening in the world? Climate Change, Human Rights and the messiness of everything going on at the moment can be really overwhelming BUT we want to provide a space to chat about these things and find hope in the midst of it all.”



[Speaking of Racism \(US\)](#)

Jen Kinney and Tina Strawn

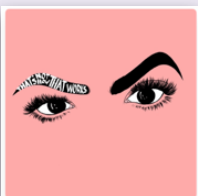
“A podcast dedicated to frank, honest, and respectful discussions about racism in the U.S.”



[Surviving Society \(UK\)](#)

Chantelle J Lewis and Tissot Regis

“A political podcast ft. academics, students and activists reflecting on the importance of anti-racist and public sociology.”



[That's Not How That Works \(US\)](#)

Trudi and Weeze

“An exploration of diversity, inclusion, and equity and how these things show up, (or don't) in our personal and professional communities. Weeze and Trudi are JEDI Masters, (Justice, Equity, Diversity and Inclusion) who fundamentally believe that we all have a responsibility to create safer spaces, center marginalized communities and just do better!”



Code Switch (US) **Trudi and Weeze**

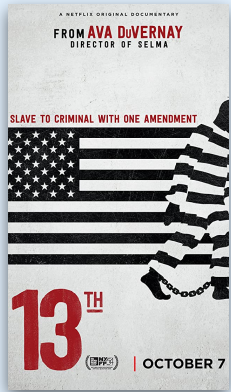
“What's CODE SWITCH? It's the fearless conversations about race that you've been waiting for! Hosted by journalists of color, our podcast tackles the subject of race head-on. We explore how it impacts every part of society — from politics and pop culture to history, sports and everything in between. This podcast makes ALL OF US part of the conversation — because we're all part of the story.”



The Social Cohesion Podcast **Daniel Holley**

“What could the human race achieve if we were all performing at our best? The Social Cohesion podcast serves to answer this question, with a blend of conversations with experts in their field, and powerful one to one coaching conversations.”

Film / TV



13TH (documentary)

“The title of Ava DuVernay’s extraordinary and galvanizing documentary refers to the 13th Amendment to the Constitution, which reads, “Neither slavery nor involuntary servitude, except as a punishment for crime whereof the party shall have been duly convicted, shall exist within the United States.”

The progression from that second qualifying clause to the horrors of mass criminalization and the sprawling American prison industry is laid out by DuVernay with bracing lucidity.

With a potent mixture of archival footage and testimony from a dazzling array of activists, politicians, historians, and formerly incarcerated women and men, DuVernay creates a work of grand historical synthesis.

This piercing, Oscar-nominated film won Best Documentary at the Emmys, the BAFTAs and the NAACP Image Awards.”

On [Netflix](#) but also currently [free on YouTube](#)



When They See Us (series)

“Five teens from Harlem become trapped in a nightmare when they're falsely accused of a brutal attack in Central Park. Based on the true story of the Central Park Five.”

On [Netflix](#)



Black and British: a Forgotten History (4 part documentary)

“Historian David Olusoga explores the enduring relationship between Britain and people whose origins lie in Africa. From the African Romans who guarded Hadrian's Wall in the 3rd century AD to the black trumpeter of the Tudor courts, David uncovers a history that is as surprising as it is revealing. Throughout the series, Olusoga will look at the business of slavery, celebrate famous Black figures – including three African kings who stood up to empire – and explore the shaping of Black British identity in the 20th century.”

On [BBC iPlayer](#)



Sitting in Limbo (drama)

“Feature-length factual TV drama about the Windrush scandal. The story focuses on the real-life experiences of a Jamaican-born British man, Anthony Bryan, one of the victims of the UK Home Office hostile environment policy on immigration. Bryan had lived in the UK for 50 years when his life was upended as a result of the Home Office mistakenly classifying him as an illegal immigrant. Written by Bryan's half-brother, novelist Stephen S. Thompson.”

On [BBC iPlayer](#)



Britain's Forgotten Slave Owners (2 part documentary)

“How Britain as we know it was built on the profits of slavery, with abolition involving the shocking decision to compensate slave owners for their loss of 'property'.”

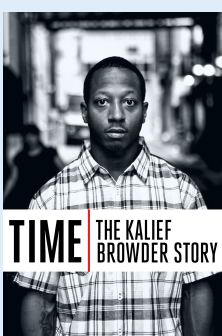
On [BBC iPlayer](#)



Strong Island (documentary)

“When filmmaker Yance Ford investigates the 1992 murder of a young black man, it becomes an achingly personal journey since the victim, 24-year-old William Ford Jr., was the filmmaker's brother.”

On [Netflix](#)



Time: The Kalief Browder Story (documentary series)

“The documentary recounts the story of Kalief Browder, a Bronx high school student who was imprisoned for three years, two of them in solitary confinement on Rikers Island, without being convicted of a crime. He was accused at 16 of stealing a backpack, and his family was unable to afford his bail, set at \$3,000.”

On [Netflix](#)



Selma (drama)

“Film chronicling the tumultuous three-month period in 1965 when Dr Martin Luther King Jr led a campaign to secure equal voting rights in the face of violent opposition, culminating in the epic march from Selma to Montgomery, Alabama, which led President Johnson to sign the Voting Rights Act of 1965, one of the most significant victories for the civil rights movement that forever altered history.”

On [BBC iPlayer](#) for the next 3 days, or on [Amazon Prime](#) / [iTunes](#) / Others



Dear White People (series)

‘Students of colour navigate the daily slights and slippery politics of life at an Ivy League college that’s not nearly as ‘post racial’ as it thinks. Based on 2014 film of the same name.’

On [Netflix](#)



Disclosure (documentary)

“In This documentary, leading trans creatives and thinkers share heartfelt perspectives and analysis about Hollywood’s impact on the trans community.”

On [Netflix](#)



“The Death and Life of Marsha P. Johnson (documentary)

As she fights the tide of violence against trans women, activist Victoria Cruz probes the suspicious 1992 death of her friend Marsha P. Johnson.”

On [Netflix](#)



Injustice (documentary)

“Injustice is a documentary feature film that follows the struggles for justice by the families of people that have died in police custody. Between 1969 and 1999 over one thousand people died in police custody in England. Not one police officer has ever been convicted for any of these deaths. Injustice depicts how Brian Douglas, Joy Gardner, Shiji Lapite and Ibrahima Sey met violent deaths at the hands of the police and documents a five year period when their families came together to fight for the truth.”

In full on [Vimeo](#)

Other videos



Jane Elliott

[Recent version of 'Blue Eyed, Brown Eyed' exercise](#), in Britain



Akala

[Full address and Q&A at Oxford Union](#)
'Black History as the Lost Pages of Human History'



Akala

[Interview with Owen Jones](#)
'The black-on-black violence narrative is rooted in empire'



Akala

[DJVlad interview](#)
Racism, police brutality, gun laws, the slave trade, Black culture, hip-hop + more



Akala

[Interview with James O'Brien](#)
'Deconstructing race, class and Britain's modern myths around gangs, street violence and Black youth, how these are perpetuated in the media and who benefits from perpetuating them, as well as looking back to the Windrush generation and the injustices that led to the recent crisis.'



Chanté Joseph - How Not to Be Racist

[Part 1](#)

[Part 2](#)

[Part 3](#)

“It’s easy not to be racist, right? Think again as Chanté Joseph breaks down the nuances of race in Britain with her revealing insights into how non-black people must try harder in their quest to learn How Not To Be Racist.”



[Revere or Remove? The Battle Over Statues, Heritage and History](#)

Interesting debate from 2018 starting with discussing the Colston statue in Bristol and branching out from there.

Panel members: David Olusoga, Afua Hirsch, Peter Frankopan and (unfortunately) Tiffany Jenkins.



Rachel Cargle

[TED Talk](#)

Coming to terms with racism’s inertia: ancestral accountability

[30 Day #dothework Course](#) - really good starting point, packed with info every day (of course up to you if you do it on successive days or spread it out more)



Baratunde Thurston

[TED Talk](#) - How to deconstruct racism, one headline at a time



Nova Reid

[TED Talk](#) - Not all superheroes wear capes - how you have the power to change the world



Rachel Cargle

[When Feminism is White Supremacy in Heels](#)

Harper's Bazaar

Peggy McIntosh

[White Privilege: Unpacking the Invisible Knapsack](#)

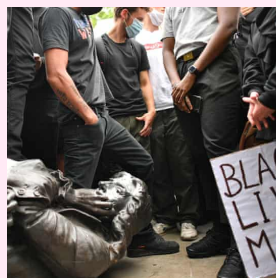
Good starting point if not familiar with concept of white privilege or how it applies to you.



Rachel Cargle

[Why You Need to Stop Saying 'All Lives Matter'](#)

Harper's Bazaar



David Olusoga

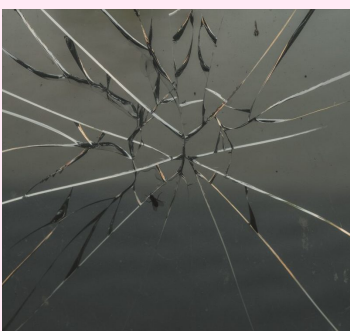
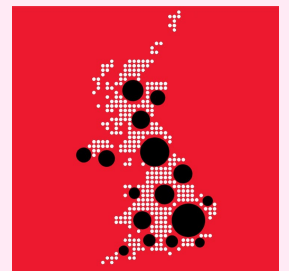
[Britain can no longer ignore its darkest chapters - we must teach black history](#)

The Guardian

Anthony Cuthbertson

[Eleven charts that show extent of racial inequality in the UK](#)

The Independent



Nova Reid

[Why We Need to Talk About White Fragility](#)



Audre Lorde

[The Uses of Anger: Women Responding to Racism](#)

1981 keynote presentation at National Women's Studies Association Conference

Ijeoma Oluo

[Confronting racism is not about the needs and feelings of white people](#)

The Guardian





Francis E. Kendall

[Understanding White Privilege](#)

Another good starting point for exactly what it says.

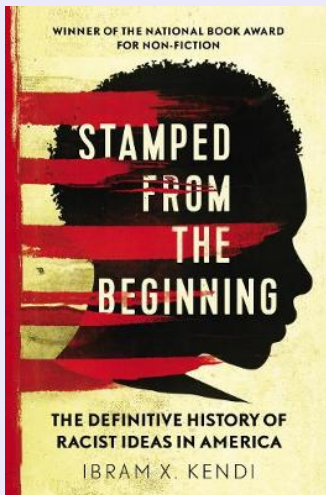


Koshka Duff & Tom Kemp

[Would 'Defund the Police' Work in the UK?](#)

Novara Media

Other Books



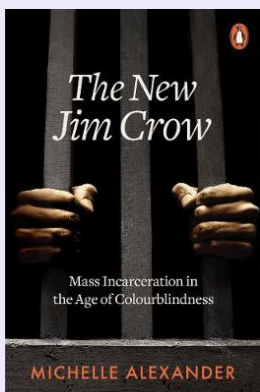
Ibram X. Kendi

[Stamped From the Beginning: The Definitive History of Racist Ideas in America](#)

“Contrary to popular conception, it reveals that racist ideas did not arise from ignorance or hatred. Instead, they were devised and honed by some of the most brilliant minds of each era, including anti-slavery and pro-civil rights advocates, who used their gifts and intelligence wittingly or otherwise to rationalize and justify existing racial disparities in everything from wealth to health.

Seen in this piercing new light, racist ideas are shown to be the result, not the cause, of inequalities that stretch back over centuries, brought about ultimately through economic, political and cultural self-interest.

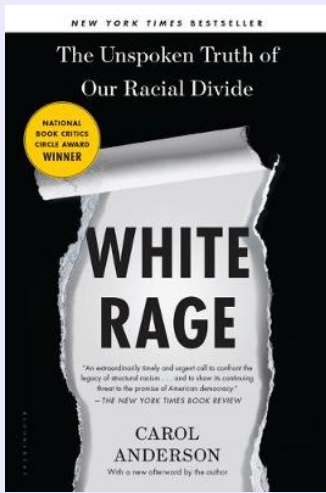
Stamped from the Beginning offers compelling new answers to some of the most troubling questions of our time. In forcing us to reconsider our most basic assumptions about racism and also about ourselves, it leads us to a true understanding on which to build a real foundation for change.”



Michelle Alexander

[The New Jim Crow: Mass Incarceration in the Age of Colourblindness](#)

Once in a great while a book comes along that radically changes our understanding of a crucial political issue and helps to fuel a social movement. The New Jim Crow is such a book. Lawyer and activist Michelle Alexander offers a stunning account of the rebirth of a caste-like system in the United States, one that has resulted in millions of African Americans locked behind bars and then relegated to a permanent second-class status, denied the very rights supposedly won in the Civil Rights movement.



Carol Anderson

[White Rage: The Unspoken Truth of Our Racial Divide](#)

As Ferguson, Missouri, erupted in August 2014, and media commentators across the ideological spectrum referred to the angry response of African Americans as "black rage," historian Carol Anderson wrote a remarkable op-ed in the Washington Post showing that this was, instead, "white rage at work. With so much attention on the flames," she writes, "everyone had ignored the kindling."

Anderson pulls back the veil that has long covered actions made in the name of democracy, fiscal responsibility, or protection against fraud, rendering visible the long lineage of white rage. Compelling and dramatic in the unimpeachable history it relates, *White Rage* will add an important new dimension to the national conversation about race in America.



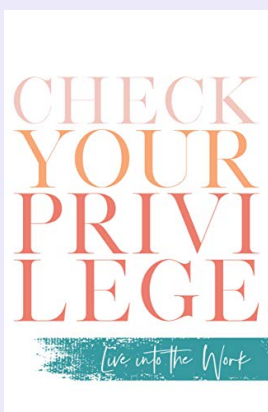
Nell Irvin Painter

[The History of White People](#)

"Telling perhaps the most important forgotten story in American history, eminent historian Nell Irvin Painter guides us through more than two thousand years of Western civilization, illuminating not only the invention of race but also the frequent praise of "whiteness" for economic, scientific, and political ends. A story filled with towering historical figures, *The History of White People* closes a huge gap in literature that has long focused on the non-white and forcefully reminds us that the concept of "race" is an all-too-human invention whose meaning, importance, and reality have changed as it has been driven by a long and rich history of events."

See also:

- [2010 lecture at The Harvard Book Store](#)
- ["White identity in America is ideology, not biology. The history of 'whiteness' proves it."](#)



Myisha T Hill

[Check Your Privilege: Live Into the Work](#)

"The world teaches us that if something has no value to us, it's easier to throw it away without any attempts of repair. My dual mission has been to use my voice and experience to end throwaway culture, but also keep white women accountable by helping them see how unchecked privilege and relationships with power, privilege, and oppression affects the mental health of black and Indigenous women of color. What many well-meaning co-conspirators don't realize is that starting the journey into anti-racism requires a deep examination into the self. A journey similar to the hero's journey, it allows you to deeply uncover the roots of who you are in hopes of showing up differently in the world. The hero's journey in ancestor culture often involves fables of a hero who goes on an adventure, struggles through existential crisis overcomes the crisis, and returns to victory all to begin a journey again. Through shared storytelling, these 5 friends share their most vulnerable journeys on how they are taking co-conspired action together."

HOOD FEMINISM

NOTES FROM THE
WOMEN WHITE
FEMINISTS FORGOT

MIKKI KENDALL

Mikki Kendall

Hood Feminism: Notes from the Women White Feminists Forgot

“All too often the focus of mainstream feminism is not on basic survival for the many, but on increasing privilege for the few. Meeting basic needs is a feminist issue. Food insecurity, the living wage and access to education are feminist issues. The fight against racism, ableism and transmisogyny are all feminist issues. White feminists often fail to see how race, class, sexual orientation and disability intersect with gender. How can feminists stand in solidarity as a movement when there is a distinct likelihood that some women are oppressing others? Insightful, incendiary and ultimately hopeful, Hood Feminism is both an irrefutable indictment of a movement in flux and also clear-eyed assessment of how to save it.”

Other Stuff

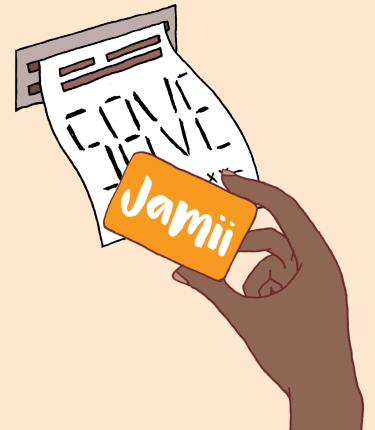


Jamii card

Discount / discovery card for UK Black-owned businesses, launched in 2016.

£15 for a year and you get up to 40% discount on the brands that have partnered with them. Big variety and loads of really lovely stuff!

<https://lovejamii.com>



Daniel Holley

Life and performance coach, social cohesion consultant

Live online events with Q&As - 'Enough'

From the psychology of racism, to the understanding of language, to the power of thought, I will walk through a story that unfolds the ideas, actions & tools that you can take with you to enrich your anti-racism.

21 July - Part 1: Racism

28 July - Part 2: Racism in Denial

4 August - Part 3: Anti-racism

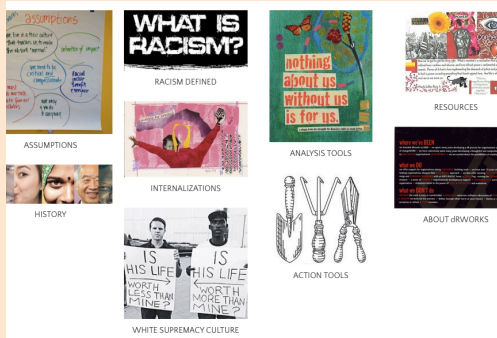
£10 each

University of Exeter via Futurelearn

[Empire: the Controversies of British Imperialism](#)

Free 6 week online course

“Over six weeks, we’ll explore the British Empire through six themes - money, violence, race, religion, gender and sex, and propaganda. You’ll get to hear the stories of the fascinating individuals who contributed to both its rise and fall.”



[Dismantling Racism Works](#)

Incredible website absolutely packed with information and resources.

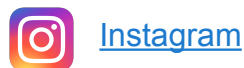
Was originally a workbook to support workshops they used to run but is now all free online. The ‘racism defined’ section is particularly helpful and explains loads of stuff in the context of Critical Race Theory.



Nova Reid

Speaker, writer, activist and anti-racism educator.

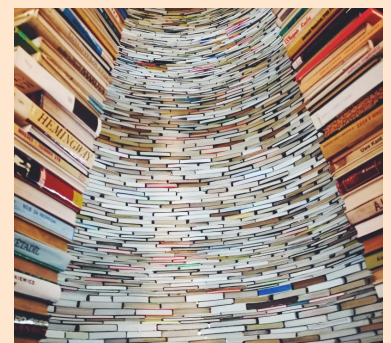
[Website](#) - info plus an anti-racism starter guide with further resources



[Anti-racist education: Selected reading](#)

Chartered College of Teaching

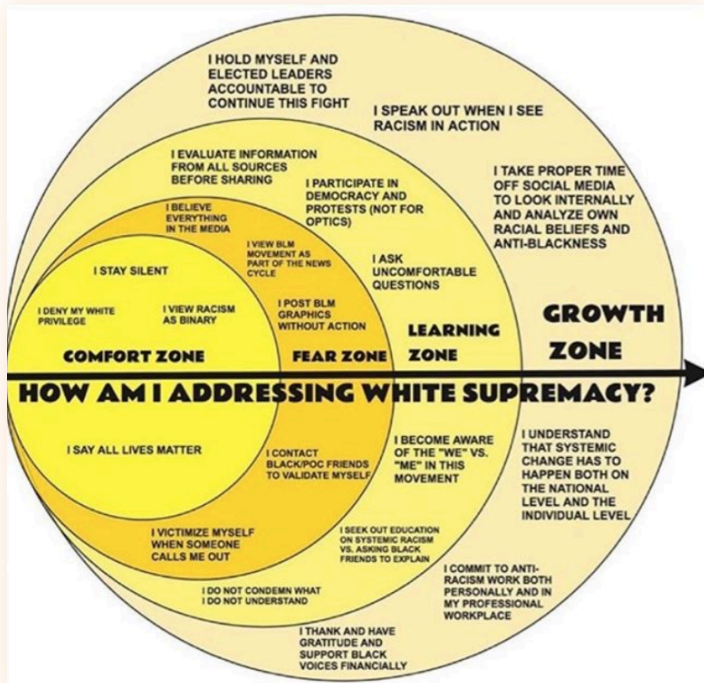
Centred on education but another really resource-dense page covering loads of different aspects, worth a look if you run out of things to look at! There’s a section on diverse children’s books too for those with little ones.



[Racial Equity Tools](#)

Similar to above, packed with other resources although US based.

Useful [glossary](#) if you’re not sure what some of things other articles/books etc. are using mean.



@iamrebeccawalker

Runnymede Trust

'Intelligence for a Multi-ethnic Britain'

Loads of resources on their website and social media, including [replay of a fascinating webinar](#) on the contribution to NHS made by Black and other POC.

RUNNYMEDE

Intelligence for a multi-ethnic Britain



Check Your Privilege - [@ckyourprivilege](#)



Sophie W - Millennial Black - [@officialmillennialblack](#)



Everyday Racism UK - [@everydayracism](#)



Gloria Atanmo - [@glographics](#)



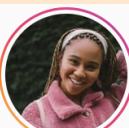
From Privilege to Progress - [@privtoprog](#)



The Conscious Kid - [@theconsciouskid](#)



Attn: White People - [@attnwhitepeople](#)



Mikaela Loach - [@mikaelaloach](#)